

August 2019



CAMP NEWSLETTER



# THE UPSIDE LOWDOWN

Year One



**U**ptimistic  
**P**erformance  
**S**urprises  
**I**ndependent  
**D**edicated  
**E**xcitment



## QUOTES OF CAMP

by Casey Brunson

"No milk at lunch!"  
"Find the rat!"  
"Yes! Yes! Yes! Yes!" \*finger points\*  
"This is awesome!" \*bang on tables\*  
"Brush, Brush, Brush, Brush!"  
"SHAAAMMEE!"  
"Bugs and dirt and feces!"

by Maeve McEachern





# A DAY IN LIFE OF CHRISTIAN ARNOLD

THE "NO GOOD- NEPHEW" OF MR. POLAND  
BY JESS CR

On an average Tuesday morning, Christian finds himself waking up in the field house after a long night of watching Mr. Poland's elephant. He hasn't spent a night in his bed after losing his cabin, Shanghai. He finds Brendan, most commonly known as Derv and hitches a ride on the golf cart to obtain the rats. On his way, he passes his uncle, Mr. Poland who is talking to a tree. Christian says that Mr. P believes that the trees used to dance but gave it up so us humans could dance. And that is why need to dance. Christian never dances. Around noon Christian finds himself at the waterfront. He digs a big hole with a technique that he learned from the wolves who raised him. He tosses the rats at the bottom of these holes and throws the sand above it. He then heads to the dining hall bathrooms to shower. On his way, he runs into Violet and Harper. Without saying a word he begins to rapidly spin them in circles.

Circa 2 o'clock Christian arrives at the WWE arena as "trash man" with his trash wife. After an hour of being thrown around by the milkman, a very disgruntled Christian wanders the woods until he finds Zuri. With great enthusiasm, Christian uses his one "Zuri with a French on top" pass and goes off to make potatoes. Uh oh, it's 2 o'clock. Christian heads to the field house on a golf cart, paces three times around the field house and contemplates how to destroy the milkman in their next match. Christian ends his night with a feast made by Chef Ryan and wanders the campus until he ends at the field house where he curls up in a corner and falls asleep.

## CABIN TUNES

by Katie Riley

- Beijing- Ocean Eyes by Billie Eilish
- Moscow- Imagine by John Lennon
- Paris- Paris Hold the Key (To Your Heart) from Anastasia
- Tokyo- Fergalicious by Fergie
- Cairo- Lazy Song by Bruno Mars
- Madrid- Despacito by Daddy Yankee and Luis Fonsi
- Dublin- Shiny from Moana
- Caracas Friend Like Me from A
- London- Bohemian Rhapsody by Queen
- Berlin- Berlin Boys by Beijing Cabin
- Rome- The Schuyler Sister from Hamilton
- Stockholm- The Friendship Song by Miles Burns



## POETRY

At Upside by Maeve McEachern

All in the Golden Afternoon, at Upside Camp we shine  
While talented people of different skills come together to create...  
Upside

Through the woods on Whimsy lake,  
we stand and take big strides  
here at camp we can be ourselves, filled with hope and pride

Like trees, we grow ever upward  
and like a river we run ever forward

At camp, we sing, dance, and have fun, together as one  
muses, counselors, CIT's, campers together we create...  
Upside



## ACHIEVEMENT BOARD

by Casey Brunson

**Dazzling Dustpan**  
Day 1. Paris  
Day 2. Tokyo  
Day 3. Copenhagen  
Day 5. Moscow  
Day 6.

**Dingy Dustpan**  
Day 1. Caracas  
Day 2. Dublin  
Day 3. Caracas  
Day 5. Beijing  
Day 6.

**Olympics**  
1st Place: Forest  
2nd Place: Ocean  
3rd Place: Volcano  
4th Place: Mountain  
5th Place: Desert



## UPSIDE DOWN RIDDLES AND JOKES

by Willow Gaudreau

1. What is so fragile you break it by speaking?
2. Why did the turkey cross the road?
3. What can travel the world by staying in one corner?
4. What does the invisible man say to decline a job cleaning mirrors?
5. What has hands but can't clap?
6. Have you seen the muses dance?

### Tongue Twister!

How much milk could a camper drink if a camper could drink milk at lunch ?

### Answers

1. Silence 2. Because it was the chicken's day off 3. A stamp 4. I just couldn't see myself doing it 5. A clock 6. It's so A-muse-ing!



# WHICH MUSE ARE YOU?

by Willow Gaudreau, Zoe Sprankle and Sam Kelley- Derzon

1. It's a Friday night at Camp North Star . What are you up to?
- a. covered in glitter doing an intense ab workout
  - b. obviously sleeping, vocal health.
  - c. practicing your monologue for your one man/woman show
  - d. having a spa night with Marissa
  - e. vigorously shaking a tambourine while worrying
  - f. screlting in the shower

3. A camper starts drinking milk at lunch! What do you do?
- a. join in! viva la revolucion
  - b. tell them to drink water instead!
  - c. worry
  - d. slide a few milks into your basket on the downlow
  - e. chuckle at the revolution you secretly started
  - f. hey, at least they're hydrating!

2. 5 minutes till morning circle! What are you wearing?
- a. a sensible heel, obviously
  - b. your favorite pair of contraband jeans
  - c. leggingswith a bandana and a cutoff tee, comfy and cute!
  - d. full glam to match your basket, who cares if you're 20 minutes late?
  - e. a purple pantsuit- hey, why not?
  - f. your pjs no time to change with vocal warmups!

4. It's morning free time! Where are you?
- a. running choreo in the lodge real quick
  - b. arguing the merits of Bumblebee Tuna
  - c. lurking behind bushes, awarding last-minute acting points
  - d. grabbing brunch with your friend, Step Touch
  - e. worrying
  - f. hydrate, hydrate, hydrating

**Mostly e's and c's - You got Kari the Muse of Acting!**



Although you may be the worrier among your friends, you are always a voice of reason and easily a-muse-d by the whimsy of camp

**Mostly a's and d's - You got Marty the Muse of Dance!**



You're always the life of the party and ready to serve full face and everyone knows that time spent with you will be floofy fancy and FUN!

**Mostly b's and f's - You got Kate the Muse of Sing!**



You're a creative soul with a passion from hydration. Whether you are belting in the shower, jamming in the lodge with Miles, or getting vocal rest, you are always a stellar queen!